



Frank DeLeo
Scarborough Sharks
U15-A Head Coach



Coaching hockey players is my passion, and I am thrilled to be the 2021-22 Head Coach of the Sharks U15 A team. With over 20 years of boys and girls hockey coaching experience, I bring knowledge of the game, player development, and a team-centred approach to every practice and game. As a former TDSB high-school science teacher and vice-principal, I understand the value of structure, repetition, progression, intensity, and **FUN** in mastering an individual skill or team system.

Coaching Experience:

- NYHL-House League & Select (Amesbury Bert Robinson MHL, 1998-2002)
- GTHL-AA (Markham Islanders, 2003-2007)
- Varsity High School Boys & Girls Teams (Northern Secondary School, 2006-2014)
- NYHL-House League & Select (Amesbury Bert Robinson MHL, 2014-2020)
- OWHA-A (Sharks, 2020-2021)

I believe in ongoing, open, and respectful communication among team staff, players, and player families at all times (including off the ice, in the dressing room, and on social media), but I will support development and learning. At practices, players must be focused, ready to learn, and working as hard as they can while being creative and taking risks. Our practices will build on previous skills and concepts as the season progresses, and I am pleased to be planning and working with the U15 AA coach, Mark Evangelista, on advanced development and providing elite-level opportunities to players. During games, players are expected to keep a team-first focus to their play, apply concepts from practice, and work as hard as they can.

The plan for the season is to have at least 2.5 hours of practice per week with advanced skating/skills sessions for players, and dedicated goalie training, scheduled to complement the team's needs and strengths. We hope to enter 4+ tournaments, including out-of-towners for additional experiences and challenges, building team dynamics, and improving our play.

Following a 2020-21 season and year like no other, and with fingers crossed, I look forward to being part of normalcy for hockey families, and working with players on achieving their best and contributing to a positive team atmosphere. Feel free to contact me to discuss anything further:

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