

Novice Teddy Bear Program 2008/2009

Head Coach: Chris Farmakovski

Program Overview:

A full season novice development program for girls who are also playing house league hockey. The program will focus on developing technical skills to prepare the girls for a higher level of competition offered in rep hockey.

Program Details:

- Provide a fun learning environment built on positive reinforcement, enthusiasm and enjoyment of hockey
- Advanced skills development program to prepare players for success at a high level of rep hockey in future years
- Ample practice – early “training camp” 2-3 times per week in September followed by weekly practice starting in October. Possibly 5pm Fridays.
- Possibility of picking up occasional extra practice by sharing (half-ice) with Atom B team
- Maximum participation in Sharks organized extra development sessions (last season offered by Gery Othman)
- Goalie equipment provided by league, instruction to be provided by current female Intermediate A goalie
- Moderate amount of game competition to include:
 - October to December:
 - 4 to 6 exhibition games
 - 1 fall tournament
 - January to April:
 - 2 to 4 exhibition games
 - 10-12 games in LLFHL Novice Teddy Bear loop
 - 2 -3 winter tournaments – Sharks in Jan and possibly Durham in Feb or Leaside in March
 - Teddy Bear Championship Weekend in April – 1 game

Families interested in this fall/winter program are encouraged to contact Chris Farmakovski for more information.

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